

Meet OUR AMAZING TEAM

Monique Bowman is the owner of Art in Motion Reno LLC since 2003, her education includes, a Bachelors of Fine Arts in Dance from George Mason University, Masters of Fine Arts in Dance Performance from George Washington University. She has studied Laban/Bartenieff Movement Institute of Movement in New York and she has a Dance Educators of America degree from studies in Las Vegas, as well as, receiving her American College Dance Festival certificates for two years of training at Duke University. She has taught dance and choreographed Jazz, Tap, Hip Hop, Ballet, Modern and Creative Ballet for over thirty years. She was a teacher and the Artistic Director for Mountain Jazz at West Virginia University; She was also an Assistant Professor and choreographer for



George Mason University, George Washington University, Montgomery College and Northern Virginia Community College. She has choreographed for various high schools in Alaska, East Anchorage High School and West High School. Monique's dance passion started with choreography, with 540 dances preformed on stage in her repertory (and counting). Monique was inspired to be a choreographer and teacher in the metropolitan area of the District of Columbia. at GWU on a dance scholarship, she auditioned a duet and received her first prestigious National American College Dance Award and has continued to showcase her choreography across the nation, in Maryland, Virginia, West Virginia, DC, Kentucky, Alaska, Las Vegas and Reno, Nevada. Monique performed professionally with ballet company Alaska Dance Theatre for three years and Virginia company the Claudia Murphey Dance Company for four years. More east coast companies she has performed with are Jazz and Tap professionally with Dancin' Unlimited Jazz Dance Company, modern dance with Pittsburgh own Mark Taylor and Dance Alloy, DC companies with Liz Lerman and the Dance Exchange and Maida Wither's The Dance Construction Company and Mino Nicholas Dance Gallery.

Nikki



Nikki Abernethy was born and raised in Anaheim, California and started dancing at the age five. She danced at prestigious studio Dance Precisions in Southern California. In high school she won the Disneyland Creativity Challenge Award, with the help of her choreographer, Eddie Strachen. Nikki received her BFA in Dance Performance with a Minor in Women's Studies at Chapman University. Nikki was a teacher at Jimmie De Fore and Arts Impact. During college she became a cast member of the Walt Disney Company and was featured in The Electrical Parade, Parade of Dreams, The Grand Marshall Pre Parade, High School Musical, and The Christmas Fantasy Parade. In 2009 Nikki and her husband moved to Aviano, Italy where she ran her own dance program for the next seven years. She taught ages 4-60 in the genres of tap, ballet, and jazz. During her time in Italy Nikki explored fourteen countries, received her MBA Masters of Business Administration. Nikki is working with our performance groups and teaching and choreographing at the Evelyn Mount Northeast Community Center.

Irene Crouse is a Reno native who began dancing at age 6. She has danced in commercials and performed on MTV. She also competed as a gymnast until age 18. Since 2005, Irene has choreographed and assisted in classes with Art In Motion. She currently teaches Creative Ballet at our North Valley's location.

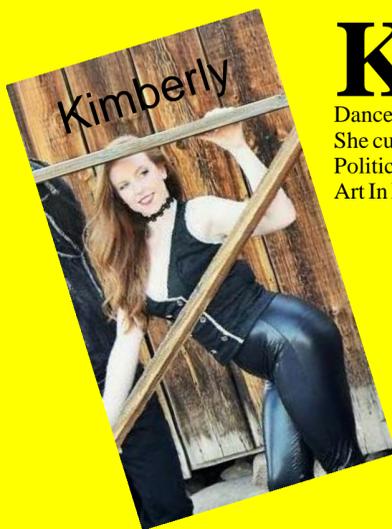


Jennifer Duvall practices yoga in her life moment-to-moment. She is a certified yoga instructor and has taught in a variety of environments. She believes that life is a classroom where all aspects of yoga can be practiced. She teaches to bring the peace of union with your body, mind and spirit to the rest of your world. Join Jennifer Sundays at 10 a.m. at our main studio in Sparks for Adult Yoga.



Pat Halverson comes from a life time of performing arts. As a child in Tucson AZ, she was introduced to dance with years of ballet. Additionally she sang and danced in numerous musical reviews including Oliver, Fiddler on the Roof and Guys and Dolls as part of a children's choir. She has a special place in her heart for all music and plays multiple instruments. As an adult she performed in

Community Theater including Bus Stop, Robber Bridegroom, Picnic and Six Women with Bain Death. Additionally, she was an Assistant Director for Tom Foolery. She has been tap dancing for approximately 20 years and began teaching tap in 2014. For Pat, it's all about the "Art in Motion". She regularly reminds her students: "We don't just dance with our feet....we dance with our hearts, bodies and minds".



Kimberly Hosford has been dancing for seven years in the style of Hip Hop and Lyrical and is currently studying all forms of dance. She has danced with Dance Academy USA, Fascinating Rhythm School of Performing Arts, Dance City Dance Academy and was a part of Psyche Dance Crew at TNT & PDC Cheer and Dance. She currently is performing for Reno Dance Company. Kimberly is a graduate of UNR with Political Science and Spanish degrees. Kimberly has choreographed, taught and danced for Art In Motion since 2010. She is our Artistic Director for the Youth Performance Group.

Alisha Johnston was born and raised in Reno. She has studied and danced with Art in Motion for 9 years in hip hop, ballet and lyrical. Mrs. Monique was her first teacher. She danced competitively and performed with the Performance Group for five years and has performed locally with Artown. Over the years she has assisted multiple teachers and had been a substitute for various classes. Alisha is currently going to UNR and is majoring in Elementary Education and minoring in Human Development and Family Studies. Alisha continues to dance with Art In Motion and has been teaching since 2015.



John Mojica was trained locally at Dance City and specializes in Contemporary and Hip Hop. John currently performs with Reno Dance Company. He has won many dance awards while competing in Starbound National and Spotlight Dance Competitions. His Lyrical solo at Starbound won him the Judges Award. John received a bachelor's degree in Community Health Science at UNR. He is Artistic Director of our teen competition Performance Group dancers. John has choreographed, taught and danced for Art In Motion since 2012.

Hope Rose is originally from Santa Cruz, CA and has been dancing hip hop since she was a little girl, dancing has always brought her joy and happiness. When she was 4 years old she was diagnosed with Juvenile rheumatoid arthritis (JRA) which held her back in sports and dancing but nevertheless she persisted and has been fighting to dance ever since. While teaching dance, Hope is also studying to be a nurse at TMCC and has plans to transfer to UNR to receive her bachelors. Hope is teaching our Urban Hip Hop at Evelyn Mount Community Center and our adult Hip Hop in Sparks.



Tristan



Tristan Smith started dancing and gymnastics at age eight in Auberry, California. She trained and performed throughout high school and college. She began teaching dance and gymnastics in Dayton, Ohio, teaching toddler to the leveled gymnastics classes, dance and Special Olympics. Since then she has taught at California Arts Academy, Aly Tapley Dance, and Inspire One (a Christian outreach program). Her areas of expertise include gymnastics, cheer, contemporary, lyrical and jazz dance with some experience in ballet, hip hop, and belly dancing. Tristan is teaching our Tumbling and lyrical classes at our main studio in Sparks. If you PARTY at Art In Motion, Tristan is our new director.

Kris Swaczna is an experienced professional dancer, choreographer, and fully qualified Ballet Instructor. He has performed and collaborated with numerous artists from around the world. Some of his favorite credits include Mr. Mistoffelees in Cats, and Franco Dragone's Las Vegas Hit Le Reve. Originally from Poland, Kris began his dance career at nine years old, studying at the National Ballet School in Warsaw. Excelling in ballet, he then moved on to other genres of musical theatre, and pop music. He has been performing professionally for the past fifteen years, and has had ample time to hone in on his craft and teaching style. He has been teaching ballet of all levels and ages for over a decade. He has a wonderful track record of instructing ballet students, while inspiring a love of dance in high quality, fresh, and exciting ways. Furthermore, he strives to see his students excel no matter what their level. Kris has taught in Warsaw, Poland, numerous studios around Europe, and various studios in Las Vegas, Nevada. He has had the experience of teaching beginners who have never danced a day in their lives to advanced Olympic Level Rhythmic Gymnasts. He shares his love a teaching, and one of his greatest joys is seeing his students' progress.



Kris

Sierra



Sierra Taylor-Cline has danced since the age of eight and is trained in hip hop, ballet, jazz and contemporary. From Las Vegas, Sierra has performed with the Palo Verde High School dance team, and was a member of a Vegas hip hop dance crew Ground Zero. Sierra has danced with the Lady Bighorns dance team. She is currently attending UNR pursuing a career in journalism and communications. She has danced and taught for Art In Motion since 2012 and is the Artistic Director of the Junior Performance Group and is also directing and choreographing for the Youth Performance Group.

Amanda Zachow-Stover holds a BFA and MA in dance and has been performing and teaching across the country for over 20 years. She is also a certified yoga instructor and personal trainer and loves sharing the joy of movement with people of all ages and abilities. Amanda instructs Dance With Me, an introductory dance class to Art in Motion's youngest students.

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